2021-2022 HCAA Elementary Division 1 Basketball Rules

• Two 20-minute halves. Run time for both halves. The clock will stop on the official's whistle in the last 2 minutes of the game.
Half time is 3 minutes in length.
Overtime is 2 minutes in length.
Full FIBA rules with the exception of the following:
• Timeouts: 2 per half. No carrying timeouts into the next half or overtime. 1 timeout ONLY per overtime period.
• Timeouts may be called at any point during the game in any live ball situations. Either players or coaches can call the timeout.
• The ball may be advanced to the frontcourt on timeouts, when scored upon, in the last 2 minutes of the game.
8 seconds to advance the ball into the frontcourt.
8 team fouls per half. Shooting two free throws on 8th team foul.
• In the last 2 minutes of the game, players must foul in an attempt to make a play on the ball. Any fouls called where the offending player does not go after the ball will result in an <i>Unsporting Foul</i> in which one free throw and possession of the ball will be awarded.
• All players on the same team must either wear: White, Black, or the Dominant colour of their uniforms regarding undershirts, compression sleeves, leggings or head wear. Medical braces are exempt from this.