

# 2009-2010 COACHES MANUAL

[www.basketball-on.ca](http://www.basketball-on.ca)



**ONTARIO  
BASKETBALL**



Ontario



## Table of Contents

|  |           |
|--|-----------|
| <b>1. 2010 Ontario Cup Provincial Championship Dates</b>     | <b>5</b>  |
| <b>2. 2010 Ontario Cup Provincial Championship Timelines</b> | <b>6</b>  |
| 2.1. Ontario Cup & Team Registration Deadlines               | 6         |
| 2.2. Ranking and Seeding Deadlines                           | 6         |
| <b>3. New for 2009-2010</b>                                  | <b>7</b>  |
| 3.1. Transfer Policy   | 7         |
| 3.2. Athlete Contract  | 7         |
| 3.3. Coach Contract  | 7         |
| 3.4. Mandatory Shot Clocks at all U15 to U19 Games           | 7         |
| 3.5. Updated Person-to-Person rules                          | 7         |
| 3.6. FIBA Rules Update                                       | 8         |
| <b>4. Registration</b>                                       | <b>9</b>  |
| 4.1. Teams   | 9         |
| 4.2. Individuals   | 9         |
| 4.3. Player Add Information                                  | 10        |
| 4.4. Ontario Basketball Age Categories                       | 10        |
| 4.5. Minimum & Maximum Player Registration Requirements      | 10        |
| 4.6. Team Roster Form  | 11        |
| <b>5. National Coaching Certification Program (NCCP)</b>     | <b>12</b> |
| <b>6. Ontario Basketball Team Rules &amp; Regulations</b>    | <b>13</b> |
| 6.1. Minimum & Maximum Playing Requirements                  | 13        |
| 6.2. Mixed Teams   | 13        |
| 6.3. Performance Bonds & Failure to Appear Policy            | 13        |
| 6.4. Temporary Call Up                                       | 14        |
| 6.5. Request for Exemption                                   | 14        |
| <b>7. Sanctioned Tournaments</b>                             | <b>16</b> |
| 7.1. Participation Requirements                              | 16        |
| 7.2. Withdrawal  | 16        |
| <b>8. Ontario Basketball Game Rules</b>                      | <b>17</b> |
| 8.1. Overview  | 17        |
| 8.2. The Intent of Young Player Rule Modification            | 17        |
| 8.3. Game Forfeiture   | 17        |
| 8.4. Time-Outs   | 18        |
| 8.5. Free Throws After Time Has Expired                      | 18        |

|  |           |
|--|-----------|
| <b>9. U10 Novice Rules &amp; Regulations</b>                       | <b>19</b> |
| 9.1. Playing Court Dimensions                                      | 19        |
| 9.2. Entire Game   | 19        |
| 9.3. Players Equal Participation Rule                              | 19        |
| 9.4. Minimum & Maximum shifts for U10 Novice                       | 20        |
| 9.5. Back-to-Back Substitution                                     | 20        |
| 9.6. Overtime  | 21        |
| 9.7. Faking Injury and Not Dressing Players                        | 21        |
| 9.8. Late Players  | 21        |
| 9.9. Tracking Playing Time – U10 Novice                            | 21        |
| 9.10. Person-to-Person Rule  | 22        |
| <br>   |           |
| <b>10. U11 Atom and U12 Major Atom Rules &amp; Regulations</b>     | <b>28</b> |
| 10.1. Playing Court Dimension                                      | 28        |
| 10.2. Entire Game  | 28        |
| 10.3. Players Equal Participation Rule                             | 28        |
| 10.4. Minimum & Maximum shifts for U10 Novice                      | 28        |
| 10.5. Back-to-Back Substitution                                    | 29        |
| 10.6. Overtime   | 29        |
| 10.7. Faking Injury and Not Dressing Players                       | 30        |
| 10.8. Late Players   | 30        |
| 10.9. Tracking Playing Time – U10 Novice                           | 30        |
| 10.10. Person-to-Person Rule                                       | 30        |
| 10.11. Drop Back Rule  | 35        |
| <br>   |           |
| <b>11. U13 Bantam and U14 Major Bantam Rules &amp; Regulations</b> | <b>36</b> |
| 11.1. Playing Court Dimensions                                     | 36        |
| 11.2. Entire Game  | 36        |
| 11.3. Overtime   | 36        |
| 11.4. Drop Back Rule   | 36        |
| <br>   |           |
| <b>12. U15 Midget to U19 Junior Rules &amp; Regulations</b>        | <b>37</b> |
| 12.1. Playing Court Dimensions                                     | 37        |
| 12.2. Entire Game  | 37        |
| 12.3. Overtime   | 37        |
| 12.4. 24-Second Shot Clock Rule                                    | 37        |
| <br>   |           |
| <b>13. Tiebreaking Procedure</b>                                   | <b>39</b> |
| 13.1. All Draws (except twelve team)                               | 39        |
| 13.2. Twelve Team Format   | 40        |

|  |           |
|--|-----------|
| <b>14. Ontario Cup Rules &amp; Regulations</b>       | <b>42</b> |
| 14.1. Tournament Format                              | 42        |
| 14.2. Registration                                   | 42        |
| 14.3. Participation Requirements                     | 42        |
| 14.4. Team Results                                   | 43        |
| 14.5. Wait List                                      | 43        |
| 14.6. Withdrawal                                     | 43        |
| 14.7. Team Substitution                              | 44        |
| 14.8. Merchandise                                    | 44        |
| <b>15. Ranking &amp; Seeding</b>                     | <b>45</b> |
| 15.1. Team Tracking                                  | 45        |
| 15.2. Failure to Submit and Falsification of Results | 45        |
| 15.3. Initial Ranking                                | 45        |
| 15.4. Final Rankings                                 | 46        |
| 15.5. Criteria for Ranking and Seeding               | 46        |
| <b>16. Fair Play Guidelines</b>                      | <b>47</b> |
| <b>Appendix A: OBA Official Complaint Form</b>       | <b>54</b> |
| <b>Appendix B: OBA Transfer Policy</b>               | <b>56</b> |

## 1. 2010 Ontario Cup Provincial Championship Dates

| <u>Age Category:</u>   | <u>Date:</u>         | <u>Location:</u> |
|------------------------|----------------------|------------------|
| U10 Novice Girls       | March 26-28, 2010    |                  |
| U11 Atom Girls         | March 26-28, 2010    |                  |
| U12 Major Atom Girls   | March 26-28, 2010    |                  |
| U10 Novice Boys        | April 9-11, 2010     |                  |
| U11 Atom Boys          | April 9-11, 2010     |                  |
| U12 Major Atom Boys    | April 9-11, 2010     |                  |
| U13 Bantam Girls       | April 16-18, 2010    |                  |
| U14 Major Bantam Girls | April 16-18, 2010    |                  |
| U13 Bantam Boys        | April 23-25, 2010    |                  |
| U14 Major Bantam Boys  | April 23-25, 2010    |                  |
| U15 Midget Girls       | April 30-May 2, 2010 |                  |
| U16 Major Midget Girls | April 30-May 2, 2010 |                  |
| U17 Juvenile Girls     | May 7-9, 2010        |                  |
| U19 Junior Womens      | May 7-9, 2010        |                  |
| U15 Midget Boys        | May 14-16, 2010      |                  |
| U16 Major Midget Boys  | May 14-16, 2010      |                  |
| U17 Juvenile Boys      | May 28-30, 2010      |                  |
| U19 Junior Men         | May 28-30, 2010      |                  |

Ontario Cup locations will be announced at the Ontario Basketball Annual Members Meeting on November 14, 2009 and will be posted on the Ontario Basketball website the following week.

## 2. 2010 Ontario Cup Provincial Championship Timelines

### **2.1 Ontario Cup & Team Registration Deadlines:**

|                   |  |
|-------------------|--|
| <b>January 29</b> | U10 Novice to U14 Major Bantam Boys' and Girls' teams<br>U15 Midget to U19 Junior Girls' teams |
| <b>March 31</b>   | U15 Midget to U19 Junior Boys' teams   |
| <b>April 19</b>   | Player Addition Deadline<br>U15 Midget to U19 Junior Boys' teams only                          |

### **2.2 Ranking and Seeding Deadlines:**

Please note: The deadline for submitting results will be the Wednesday prior to each ranking and seeding meeting.

| <b><u>Age Category:</u></b> | <b><u>Initial Ranking Meeting:</u></b> | <b><u>Final Ranking Meeting:</u></b> |
|-----------------------------|--|--------------------------------------|
| U10 Novice Girls            | February 21 <sup>st</sup>              | March 14 <sup>th</sup>               |
| U11 Atom Girls              | February 21 <sup>st</sup>              | March 14 <sup>th</sup>               |
| U12 Major Atom Girls        | February 21 <sup>st</sup>              | March 14 <sup>th</sup>               |
| U10 Novice Boys             | February 21 <sup>st</sup>              | March 28 <sup>th</sup>               |
| U11 Atom Boys               | February 21 <sup>st</sup>              | March 28 <sup>th</sup>               |
| U12 Major Atom Boys         | February 21 <sup>st</sup>              | March 28 <sup>th</sup>               |
| U13 Bantam Girls            | February 21 <sup>st</sup>              | April 3 <sup>rd</sup>                |
| U14 Major Bantam Girls      | February 21 <sup>st</sup>              | April 3 <sup>rd</sup>                |
| U13 Bantam Boys             | February 21 <sup>st</sup>              | April 11 <sup>th</sup>               |
| U14 Major Bantam Boys       | February 21 <sup>st</sup>              | April 11 <sup>th</sup>               |
| U15 Midget Girls            | March 28 <sup>th</sup>                 | April 18 <sup>th</sup>               |
| U16 Major Midget Girls      | March 28 <sup>th</sup>                 | April 18 <sup>th</sup>               |
| U17 Juvenile Girls          | March 28 <sup>th</sup>                 | April 25 <sup>th</sup>               |
| U19 Junior Women            | March 28 <sup>th</sup>                 | April 25 <sup>th</sup>               |
| U15 Midget Boys             | N/A                                    | May 2 <sup>nd</sup>                  |
| U16 Major Midget Boys       | N/A                                    | May 2 <sup>nd</sup>                  |
| U17 Juvenile Boys           | N/A                                    | May 16 <sup>th</sup>                 |
| U19 Junior Men              | N/A                                    | May 16 <sup>th</sup>                 |

### 3. New for 2009-2010

#### **3.1 Transfer Policy**

As of September 22, 2009, Ontario Basketball has created a new transfer policy that will be enforced for the 2009-2010 season and beyond. To review the new transfer policy please see Appendix B. Clubs and teams are encouraged submit a formal complaint to the Commissioner, Fair Play and Resolution should they find anyone in violation of this policy.

#### **3.2 Athlete Contract**

All players signed to a team roster form and a member of Ontario Basketball must sign an athlete contract agreeing to abide by a set of guidelines for the entire season. It will be club and coaches' responsibility to distribute an athlete contract to each player. The player is required to complete the athlete contract and return it to the club. All contracts are to remain on file with the club.

#### **3.3 Coach Contract**

All coaches signed to a team roster form and a member of Ontario Basketball must sign a coach contract. The coach contract provides guidelines to abide by to ensure a positive development experience for all athletes they coach. It is the club's responsibility to distribute and collect contracts from all coaches within their club. All contracts are to remain on file with the club.

#### **3.4 Mandatory Shot Clocks at all U15 to U19 Games**

It is now mandatory that all sanctioned games from the U15 to U19 age categories use shot clocks. Any sanctioned tournament that has been approved for the 2009-2010 season are required to have shot clocks at all facilities.

#### **3.5 Updated Person-to-Person Rules**

Ontario Basketball has updated the person-to-person defence rules for the 2009-2010 season. Every coach is encouraged to review these rules on a regular basis. If you are a U10 Novice coach please visit section 9.10, for U11 Atom and U12 Major Atom please visit section 10.10.

### **3.6 FIBA Rules Update**

Federation numbers will be permitted at all Ontario Basketball sanctioned games/events. However, it is recommended that any team intending to acquire new uniforms should only purchase FIBA approved numbering. FIBA approved numbers are 4-15; should your team have more than 12 players on a roster, the numbers 21-23 are also permissible.

As for undergarments, players are permitted to wear t-shirts under uniforms provided it matches the dominant colour of the jersey. Undergarments that extend below the shorts may be worn as long as they are of the same dominant colour as the shorts. The same rule will apply to body suits with tight fitting long sleeves.

For more information on FIBA rule modifications please review Appendix C.

## 4. Registration

For more information including step-by-step directions for registering a team, please review the Club Administration and Registration Guide on the Ontario Basketball Website.

### **4.1 Teams**

Every team must be registered online using the Club Login system and must submit their team registration form and fees to Ontario Basketball prior to their first game of the season. Insurance coverage is not effect until the team is registered online.

Teams must be registered before:

- The team's first sanctioned game
- The team's first sanctioned tournament
- The Ontario Cup and Team Registration Deadlines located in section 2.1.

Once payment for all players, coaches and team fees have been completed, the team will be posted as a registered team on the Ontario Basketball website under 2009-2010 Registered Teams.

### **4.2 Individuals**

All head coaches, assistant coaches, managers and players participating in Ontario Basketball events and/or signed to an Ontario Basketball team roster are required to become members of Ontario Basketball using the online Club Login.

It is encouraged that all teams have a chaperone of the same gender as the players. Chaperones do not need to be members of Ontario Basketball but cannot sit on the bench at any sanctioned events or games.

It is required that a birth certificate for each player be stapled to a copy of their membership form and kept on file with the team or club contact. In the case of a complaint about a player's age, the team contact will be required to supply Ontario Basketball with a birth certificate.

Any changes in membership information (i.e. changed address) must be completed online immediately to ensure all membership is accurate at all times.

### **4.3 Player Add Information**

Only two players may be added to a team registration form after it has been submitted. Teams are not permitted to drop any player(s) from the team registration form to make space for player additions once the team roster has been submitted to Ontario Basketball.

Membership information must be entered online for all players that are added and fees submitted online or with the new team registration form.

Faxes will be accepted for additions to the team roster and all player add forms must have the signature of the head coach.

### **4.4 Ontario Basketball Age Categories**

| <b>Category</b>  | <b>Age</b>                     | <b>Year of Birth</b> |
|------------------|--------------------------------|----------------------|
| U10 Novice       | Under 10 as of January 1, 2010 | 2000 or later        |
| U11 Atom         | Under 11 as of January 1, 2010 | 1999 or later        |
| U12 Major Atom   | Under 12 as of January 1, 2010 | 1998 or later        |
| U13 Bantam       | Under 13 as of January 1, 2010 | 1997 or later        |
| U14 Major Bantam | Under 14 as of January 1, 2010 | 1996 or later        |
| U15 Midget       | Under 15 as of January 1, 2010 | 1995 or later        |
| U16 Major Midget | Under 16 as of January 1, 2010 | 1994 or later        |
| U17 Juvenile     | Under 17 as of January 1, 2010 | 1993 or later        |
| U19 Junior       | Under 19 as of January 1, 2010 | 1991 or later        |

### **4.5 Minimum & Maximum Player Registration Requirements**

| <b>Age Category</b>                   | <b>Maximum Number of Players</b> | <b>Number of Players Required on the Ontario Basketball Team Roster Form</b> |
|---------------------------------------|----------------------------------|--|
| U10 Novice, U11 Atom & U12 Major Atom | 15                               | At least 12  |
| U13 Bantam to U19 Junior              | 15                               | At least 10  |

#### **4.6 Team Roster Form**

The team roster form should be submitted immediately after the teams registered online. All clubs are now required to print their team roster form from the online club login.

Please follow the steps below:

- Login through the club login
  - Select “Teams” on the left menu
  - Select the team you want
  - Click “Print Roster” located at the top right corner
  - This will produced a pop up window with a formatted roster page ready to print

Additional Steps:

- Make sure the page is printing landscape
  - Click File
  - Click Page Setup
  - Change the orientation of the page to landscape
- Ensure all lines and shaded areas are printed:
  - Click Tools
  - Click Internet Options
  - Click Advanced
  - Scroll to Printing and click the box that says “Print Background Colours and Images”

## 5. National Coaching Certification Program (NCCP)

In order to qualify to coach in the 2009-2010 season, coaches must meet certain National Coaching Certification Program (NCCP) requirements. Any coach with previous experience in an Ontario Basketball club must have their full certification in place by the time the season begins.

All first year coaches will be required to enroll and take an Introduction to Competition (ITC) NCCP course during the season and have it fully completed within a year of taking the course.

| Required Coaching Certification      |                                       |                                       |
|--------------------------------------|---------------------------------------|---------------------------------------|
| Level                                | Head Coach                            | Assistant Coach                       |
| U10 Novice to U14 Major Bantam Teams | Level 1 or Intro to Competition (ITC) | Level 1 or Intro to Competition (ITC) |
| U15 Midget to U19 Junior Teams       | Level 2                               | Level 1 or Intro to Competition (ITC) |

Ontario Basketball recommends that coaches contact their club about potentially hosting an ITC clinic. If the club does not have enough coaches to take an ITC clinic they can partner with another local club to host a clinic or coaches can sign up to attend another ITC clinic that has been posted on the Ontario Basketball website under "Coaching."

For an updated list of coaching clinics being hosted please visit: <http://www.basketball.on.ca/site/index.cfm?DSP=Chapter&ID=7> . For all other coaching inquiries please contact Gord Thain, [gthain@basketball.on.ca](mailto:gthain@basketball.on.ca).

## 6. Ontario Basketball Team Rules & Regulations

Ontario Basketball rules apply to all age categories for any sanctioned game.

### **6.1 Minimum & Maximum Playing Requirements**

| Age Category                 | Minimum Number of Players Required |
|------------------------------|------------------------------------|
| U10 Novice to U12 Major Atom | 10                                 |
| U13 Bantam to U19 Junior     | 5                                  |

Please note that no Ontario Basketball games will start without the minimum number of players required. The game will be considered a forfeit if playing requirements are not met.

- The score will be 20-0 for all forfeited games.

### **6.2 Mixed Teams**

In all age categories, teams may compete with boys and girls on the same team, but must compete in the boys' division.

### **6.3 Performance Bonds & Failure to Appear Policy**

Any team that withdraws or fails to appear for a sanctioned tournament and/or the Ontario Cup (after the release date of the tournament draw) will be subject to sanctions.

Such sanctioned will be implemented as follows:

#### **First Occurrence:**

- The club's performance bond is forfeited and the monies will be divided equally among the team(s) in question who were scheduled to play.
- A performance bond equaling the dollar amount originally bonded must be immediately replaced by the affiliated club. Failure to do so will disqualify all other teams from the organization in question from the current year's provincial championship tournaments.
- The performance bond for the organization in question and the organization for which the coach is coaching, if different from above, will be raised the following year.

#### **Second Occurrence:**

- The replacement performance bond is forfeited and the monies will be divided equally among the teams which the team in question was scheduled to play, the hosting organization and Ontario Basketball.

- The performance bond of double the original bond amount must be immediately replaced by the affiliated club. Failure to do so will disqualify all other teams from the organization in question from the current year's provincial championships.
- The affiliated club will be suspended from Ontario Basketball's sanctioned tournaments and provincial championships for a period of one year.

#### **6.4 Temporary Call Up**

Any team requesting the use of younger players from within their own club must complete the Temporary Call-Up Permit. This permit must be approved prior to the start of the first sanctioned game. Requests should only be sent if a team is unable to meet the minimum player requirements for their respective age group. The Temporary Call-Up Permit can be found on the Ontario Basketball website under sanctioned tournaments.

If a player plays a third game with a higher aged team during any basketball season that player has played "up" and must stay up for the balance of the season.

#### **6.5 Request for Exemption**

The Request for Exemption process is intended to provide Ontario Basketball members with a procedural mechanism by which to request an exemption or exemptions from any rule or regulations published annually in the Coaches' Manual.

This process is intended to be used in exceptional circumstances. Any decision of the Request for Exemption Committee in accordance with this policy is final and binding. Any requests that are denied are not subject to further review or appeal.

#### **This Policy Applies to:**

1. All members of Ontario Basketball.
2. Exceptions to the policy: A member cannot file a request for exemption against the following rules and regulations:
  - Final ranking and seeding results
  - Transfer policy

### **Steps to Completing a Request for Exemption**

1. Contact the Manager, Provincial Competitions to receive the Request for Exemption Application Form via email.
2. Complete and submit the form along with payment to Ontario Basketball
3. A completed form will be sent to the Chair of the Request for Exemption Committee within five business days.
4. The Chair of the Request for Exemption Committee will assign the case to panel consisting of three members for the Request for Exemption Committee within five business days.
5. The members of the panel will meet in person, by phone or via email to consider the request and make a decision.
6. The decision will be communicated to the members who filed the request by the Manager, Provincial Competitions.

## **7. Sanctioned Tournaments**

For sanctioned tournament hosting information please visit the Ontario Basketball website under “Provincial Championships.”

### **7.1 Participation Requirements**

No team shall be permitted to play in a different age category (i.e., U16 Major Midget against U17 Juvenile) in a sanctioned tournament, unless written consent has been granted by Ontario Basketball.

Written consent will be granted for sanctioned tournaments if and only if:

- A team withdraws from the tournament twenty-four (24) hours prior to the start of the first scheduled games; and
- The host has exhausted all other possibilities of finding a team of the same age category.

Violation of this rule and process may result in ineligibility of the team playing in a different age category and/or withdrawal of the team from the Ontario Cup.

### **7.2 Withdrawal**

If a team withdraws seven days or less prior to the start date of a sanctioned tournament, the tournament organizer is entitled to keep any deposits or registration fees that have been paid in advance to secure the withdrawing team’s position in the tournament, however;

- If a team withdraws from a tournament because of Ontario Basketball has removed sanctioning status due to non-compliance of sanctioning rules, the tournament organizer must return all deposits and/or registration fees to the withdrawing Ontario Basketball team; or
- If a tournament provides a final draw six days or less prior to the start date of a sanctioned tournament and a team withdraws, the tournament organizers must return all deposits and/or registration fees to the withdrawing Ontario Basketball team.

## 8. Ontario Basketball Game Rules

### **8.1 Overview**

All sanctioned Ontario Basketball games will be governed by FIBA (International Basketball Federation), whose rule books are adopted for use at all Ontario Basketball sanctioned games and/or tournaments. Ontario Basketball has added and made certain modifications to the FIBA rules to include components of FIBA Mini Manual for Novice-Major Atom division games in order to meet the needs of a young players and its members.

The rules and modifications for each specific age category can be found in each age category's rules and regulations section.

Each Ontario Basketball game must be refereed by two OABO carded officials and assigned through the local officials' board.

### **8.2 The Intent of Young Player Rule Modification**

These rules apply to the U10 Novice, U11 Atom, U12 Major Atom, U13 Bantam and U14 Major Bantam categories of play and are formulated with the best interests of the children playing the game in mind. It is expected that each coach and club with respect the intent of these rules and adhere to them. Officials' boards that are responsible for calling provincial championship games have been provided with a copy of the Young Player Rule Modifications in order to familiarize themselves with the Ontario Basketball game rules.

### **8.3 Game Forfeiture**

A 15-minute grace period from the scheduled start of the game will be granted for a late team.

- At a sanctioned tournament, the tournament convener shall decide if a forfeit is to be called after the 15-minute grace period has expired.
- At the Ontario Cup Provincial Championship, Ontario Basketball shall decide if a forfeit is to be called after the 15-minute grace period has expired.

In forfeit game, the score shall be recorded as 20-0. If both teams forfeit (due to insufficient players), the score shall be recorded as 0-0.

#### **8.4 Time-Outs**

Each team receives:

- Two 60 second time-outs in the first half.
- Three 60 second time-outs in the second half.
- Any unused time-outs do not carry over into overtime periods. One time-out per overtime period is granted.

#### **8.5 Free Throws After Time has Expired**

Free throws shall be attempted after time has expired in the last period of the game provided a foul occurs:

- So near the expiration of time that the timer could not stop the clock before game time had expired; or
- After time expired but while the ball as in flight, during a try or tap for a field goal.

## 9. U10 Novice Rules & Regulations

### **9.1 Playing Court Dimensions**

Minimum: 44' x 74'

Maximum: 50' x 84'

Free Throw Line: 13'

Three Point Line: Not in effect

Ball Size: 5

### **9.2 Entire Game**

- The Equal Participation rule will be in effect for the entire game.
- The game will be eight periods of three minutes each.
- During the eight periods, substitution will only occur at the end of each period.
- Substitutions are permitted for medical reasons at any time and if an injury occurs during the eight periods.
- The time between quarter two (period four) and quarter three (period 5) is halftime.
- Periods two to eight will start in the direction of the possession arrow.
- The throw-in shall be from the out-of-bounds at the division line in the backcourt opposite the scorer and timer's table.

### **9.3 Players Equal Participation Rule**

- Coaches are required to provide playing time for all players present at the game who have been registered with Ontario Basketball.
- This rule will be in effect for the entire game.
- Each eligible player must play the minimum number of shifts required. Please see the chart in section 9.4.
- All U10 Novice teams must abide by this rule for all Ontario Basketball games including exhibition games, sanctioned tournaments and the provincial championships. If any team is found with a player(s) shift totals exceeding the maximum number of shifts per player or any player(s) that do not meet the minimum number of shifts per player, this game will be considered a forfeit game (20-0).

#### **9.4 Minimum & Maximum Shifts for U10 Novice**

| <b>Number of Players</b> | <b>Minimum Shifts per Player</b> | <b>Maximum Shifts per Player</b> |
|--------------------------|----------------------------------|----------------------------------|
| 15                       | 2                                | 3                                |
| 14                       | 2                                | 3                                |
| 13                       | 3                                | 4                                |
| 12                       | 3                                | 4                                |
| 11                       | 3                                | 4                                |
| 10                       | 4                                | 4                                |

Note: An eligible player is defined as one who is registered online and on the team registration form and by virtue of the same, shall, subject to injury or illness, be placed on the team roster and/or score sheet for all games. Coaches are not permitted to instruct any players on the roster that they are not able to play in randomly selected games. Ontario Basketball recognizes the fact that not every child will attend every game due to various other commitments but the choice must be left up to the player and player's parents. If you have signed a player to your roster they must then be given an equal chance to play.

#### **9.5 Back-to-Back Shift Substitution**

Players may not play back-to-back periods in the game.

Exceptions:

- The periods immediately before and immediately following halftime are not considered back-to-back in the U10 Novice level of play because of the halftime break. Free substitutions may occur at halftime. This rule is contingent upon equal participating conditions being met for all team members or;
- A player may play in back-to-back periods as a result of medical reasons and/or injuries and then only if the coach has no other player to substitute; or
- For the purpose of shift assignment for equal participation only, each shift shall be divided into three – one minute intervals, and assignment of shift shall take place as follows:
  - If the substitution occurs during the first two minutes (0:00-1:59), the shift belongs to player two (“the Substitute”);
  - If the substitution occurs in the last minute (2:00-3:00), the shift belongs to player one (“the Intended Player”).

## **9.6 Overtime**

- The length of each extra period shall be three minutes long.
- Time-outs do not carry over to the overtime period. Each team receives one time-out per overtime period.
- Teams are not required to provide playing time for all players in overtime.
- All overtime periods begin with the possession arrow.

## **9.7 Faking an Injury and Not Dressing Players**

- The equal participation rules were formulated with the best interests in mind of the children playing the game at the U10 Novice level.
- Every child who is registered and signed the team roster form must participate under the equal participation rules. Every Ontario Basketball registered club and coach must respect the intent of these rules and adhere to them.
- At no time shall a player be intentionally excused from a sanctioned game by a coach unless necessary.

## **9.8 Late Players**

- Although adding eligible player(s) after the game has started to the official score sheet is permitted, the equal participating rule must be met for all players including late player(s).

## **9.9 Tracking Playing Time – U10 Novice**

- The scorer is required to track all of the players' shifts including substitutions due to medical reasons and/or injuries.
- Each time a player is on the court for a shift, a checkmark will be made in the space provided on the score sheet.

Example:

| Team:      |               | Date: |                |      |               | Location: |                |       |  |
|------------|---------------|-------|----------------|------|---------------|-----------|----------------|-------|--|
| Player     | First Quarter |       | Second Quarter |      | Third Quarter |           | Fourth Quarter |       |  |
| Shift      | One           | Two   | Three          | Four | Five          | Six       | Seven          | Eight |  |
| McPhee     |               | ✓     |                | ✓    |               | ✓         |                | ✓     |  |
| Jansson    | ✓             |       | ✓              |      | ✓             |           | ✓              |       |  |
| Thain      | ✓             |       | ✓              |      | ✓             |           | ✓              |       |  |
| D'Ornellas |               | ✓     |                | ✓    |               | ✓         |                | ✓     |  |
| Mallia     |               | ✓     |                | ✓    |               | ✓         |                | ✓     |  |
| Albright   | ✓             |       | ✓              |      | ✓             |           | ✓              |       |  |
| O'Keefe    |               | ✓     |                | ✓    |               | ✓         |                | ✓     |  |
| Hurtubise  | ✓             |       | ✓              |      | ✓             |           | ✓              |       |  |
| Stryker    |               | ✓     |                | ✓    |               | ✓         |                | ✓     |  |
| Ghassemi   | ✓             |       | ✓              |      | ✓             |           | ✓              |       |  |
| Total      | 5             | 5     | 5              | 5    | 5             | 5         | 5              | 5     |  |

### **9.10 Person-to-Person Rule:**

Ontario Basketball requires its registered clubs and coaches to have as one of their most important priorities, the development of long-term basketball skills. For this reason:

- Ontario Basketball believes that teaching person-to-person defensive skills is critical to children's overall skill development, enjoyment and success in the game of basketball.
- Registered member clubs and coaches are required, therefore, to teach their players the necessary skills needed to use only person-to-person defence during Ontario Basketball's U10 Novice games.
- **The spirit of the rule is to not encourage any athlete to stand in the key playing a one-man zone and to teach the athletes to help and recover to their offensive check.**

### **Explanation of Terms**

**Legal Guarding Position:** The position of a defensive player who is guarding the offensive player with the ball. The defender must be attempting to stay within an arm's length of his or her check and separation as defined below has not occurred.

**Gapping:** Where a defensive player is within one stride away from what would be legal guarding position of his or her check if that check passed the ball.

**Help Situation:** Where there is separation and a defender (the Help Defender) leaves his or her check to defend the offensive player who has caused the separation to occur.

**Help Position:** As per the Ontario Basketball young player rule modification, a defensive position which is not guarding the ball and is outside the three-second area. In this position the defensive player should have no feet inside the three-second area, unless the person who is guarding the ball has clearly beaten his or her opponent.

**Separation:** Occurs when a defender (aka "Beaten Defender") has been clearly beaten by his or her check and the offensive player has a visible advantage (shoulder or feet past the defenders back foot) over the defender.

**Quarter Court:** The area on the floor closest to the basket below an imaginary line drawn perpendicular to the sideline through the top of the three-point arc.

**Recover:** Where a help defender assists and (either the help defender or the beaten defender) establishes legal guarding position, then either the beaten defender must switch to cover the check left open by the help defender or the help defender must return to his or her original check. At no point should two defenders be left guarding one offensive player.

**Weak side:** The side of the quarter court that is opposite the side where the ball is situated.

**Zone Defence:** When any player defends an area on the court as opposed to guarding an offensive player.

#### **Definition of Person-to-Person**

**Zone defences are illegal and not allowed.**

- When the ball is inside the boundaries of the half court, each defensive player must guard an offensive player and make all moves associated with the offensive player's positioning and movement including the rules further set out below.
- Defenders are entitled to provide help but only where there is separation. **Double teams are not permitted! In no situation should a double team occur beyond a help situation. The spirit of the rule is not to encourage any athlete to stand in the key playing a one-man zone and to teach the athletes to help and recover to their offensive check.**
- Where help is provided, the help defender or the beaten defender must recover once one of them establishes legal guarding position.

- **The only time defenders can defend from within the three-second area is:**
  - When they are guarding an offensive player who is standing in the three-second area; OR
  - The defender is within one arm's length of his or her check who does not have the ball; OR
  - They are guarding the ball with respect to their check; OR
  - There has been separation and they are providing help.

**Defensive Positions when the ball is in the quarter court:**

**Defender Guarding the Ball**

- The defensive player guarding the ball must defend the player with no gapping permitted. The defender must be attempting to stay one arm's length away from the offensive player and may not slack off by gapping.

**Defender is One Pass Away from the Ball**

- The defensive player must be committed to an offensive player. The defender is permitted to gap from his or her check, however the defensive player is not permitted to provide help unless there is separation.

**Defender is Two Passes Away or on Weak side**

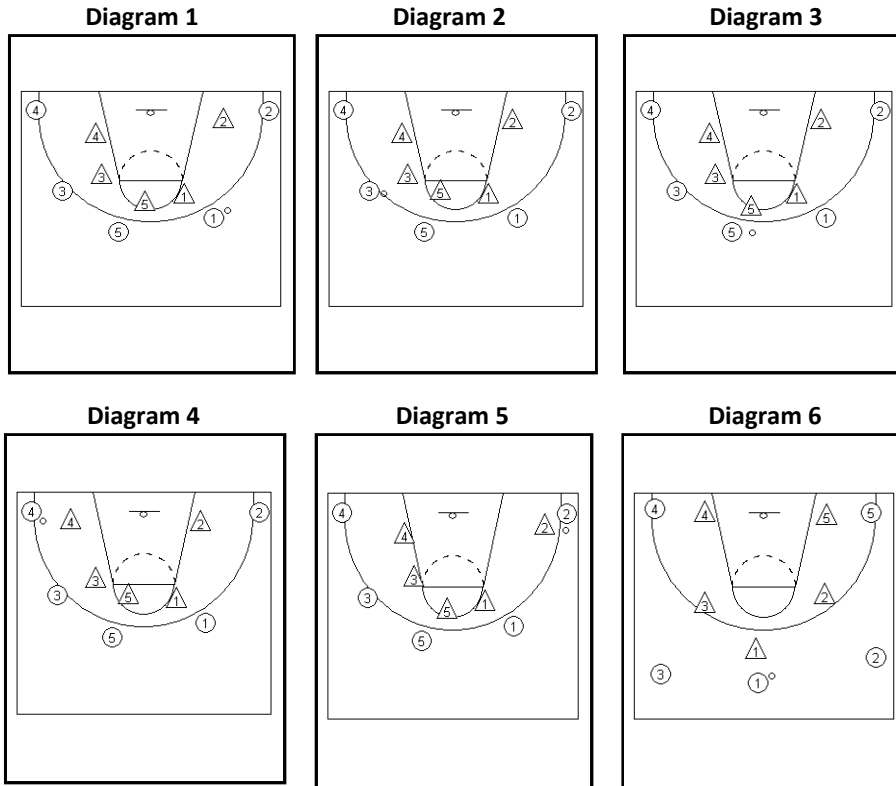
- Defenders who, on the weak side or at least two passes away, are not restrained as to the distance they can play from their check and may assume a help position provided that the defender stays on the weak side. They are reminded that this means that the defender must remain outside the key area with no feet in the key area and be in help position as demonstrated in Diagram 1, Triangle 4. The defender is not permitted to provide help unless there is separation.

**Defending Players Above the Top of the Three-Point Line**

- When defending a check who does not have the ball and is above the line which defines the quarter court, the defender can play below the quarter court line but must stay above a line extending across the free throw line to the sideline. Defenders must remain on the same side of the court as his or her check (diagram 6).

Please review the following diagrams for defensive positioning when defending the half court.

| Diagram Number | On the Ball  | One Pass Away | Two Passes Away |
|----------------|--|---------------|-----------------|
| 1              | 1  | 5 & 2         | 3 & 4           |
| 2              | 3  | 4 & 5         | 1 & 2           |
| 3              | 5  | 1 & 3         | 4 & 2           |
| 4              | 4  | 3             | 5, 1, & 2       |
| 5              | 2  | 1             | 5, 3, & 4       |
| 6              | 2 & 3 Positioning when defending above the 3-pt line |               |                 |



**Pressing an Opponent**

- Pressing of any kind throughout the first seven periods is not permitted.
- During the last three minutes of the game (shift eight) and overtime shifts, both teams may press unless a team is leading by more than 15 points. In that case, the leading team must not continue to press.
- Example: Once the defensive team secures control of the ball (dribbling and/or holding the ball) in its backcourt, the opposing

team's players shall immediately retreat to their defensive end of the court behind the eight second line. The "new" offensive team shall be allowed to dribble the ball unimpeded across the eight-second line and establish frontcourt status.

- Note: If any or all of the defensive team's players deliberately or intentionally pressures the new offensive team, the team is in violation of the person-to-person rule.
- Note: If any or all of the defensive team's players do not retreat fast enough, the offensive team will receive the ball where the infraction occurred.

#### **Intentional Double Teaming**

- Double teaming and trapped is not permitted the entire length of the floor.
- Accidental double teams (i.e. when an offensive player dribbles towards a teammate and their defender is in the same part of floor) is not a violation unless the defensive players do not immediately retreat back to their original checks.

The intent of this rule is to eliminate intentional double teaming, so please inform your parents of this rule so a positive playing environment is maintained at all times.

#### **9.10.1 Consequences for Person-to-Person Rule Infractions**

First Infraction:

- The site convener will provide one warning to the offending team.
- The scorer must then notate the warning on the game sheet.

Subsequent infraction(s):

- The site convener will instruct the referee to assess a team technical foul against the defensive team for each and every infraction.
- Two free throws and possession of the ball at half court will be awarded to the offensive team.

#### **9.10.2 Procedures to the Consequences to Person-to-Person Rule Infractions**

- Any player of the offensive team listed on the game sheet (on or off the court) may shoot one or both free throws.

- An offensive player coming on to the court from the bench to take one or both of the free throws must return immediately to the bench after the free throw(s) have been taken and before play resumes.
- Coaches are not to use this violation as a substitute opportunity.
- The team's coach whose team receives three or more team technicals as a result of person-to-person infractions in any one game, will be reported to Ontario Basketball by the sanctioned tournament convener or league representative and investigated under Ontario Basketball's Fair Play Policy.

### **9.10.3 Person-to-Person Recommendations**

- Coaches must take a more active role in reminding their young players throughout the game to play according to the rules and guidelines as set out in this manual.
- For example:
  - Coaches should monitor their score and remind players during the eighth shift to stop pressing whenever the score warrants.
  - Coaches should remind their players to defend their offensive opponent throughout the game to avoid person-to-person defence rule infractions.
- **Coaches are encouraged to review the person-to-person rules with the parents of their players so a positive playing environment can be maintained at all times.**

## 10. U11 Atom and U12 Major Atom Rules & Regulations

### 10.1 Playing Court Dimensions

Minimum: 44' x 74'      Maximum: 50' x 84'  
Free Throw Line: 15'      Three Point Line: In effect  
Ball Size: 5

### 10.2 Entire Game

- The game will be eight periods of four minutes each.
- During the first seven periods, substitution will occur only at the end of each period.
- Open substitution will only be permitted in the eighth and final four-minute period of the game and any overtime periods.
- The time between period four and five is halftime.
- Substitutions are permitted for medical reasons at any time and if an injury occurs during the first seven periods.
- The throw-in shall be from the out-of-bounds at the division line in the backcourt opposite the scorer and timer's table.

### 10.3 Players Equal Participation Rule

- Coaches are required to provide playing time for all players present at the game who have been registered with Ontario Basketball.
- This rule will be in effect for the first seven periods.
- Each eligible player must play the minimum number of shifts required **before the eighth period begins**. Please see the chart below.
- All Atom & Major Atom teams must abide by this rule for all Ontario Basketball games including exhibition games, sanctioned tournaments and the provincial championships. If any team is found with a player(s) shift totals exceeding the maximum number of shifts per player or any player(s) that do not meet the minimum number of shifts per player, the game will be considered a forfeit game (20-0).

### 10.4 Minimum/Maximum Shifts for U11 Atom and U12 Major Atom

| Number of Players | Minimum Shifts per Player | Maximum Shifts per Player |
|-------------------|---------------------------|---------------------------|
| 15                | 2                         | 3                         |
| 14                | 2                         | 3                         |
| 13                | 2                         | 3                         |
| 12                | 2                         | 3                         |
| 11                | 3                         | 4                         |
| 10                | 3                         | 4                         |

Note: An eligible player is defined as one who is registered online and on the team registration form and by virtue of the same, shall, subject to injury or illness, be placed on the team roster and/or score sheet for all games. Coaches are not permitted to instruct any players on the roster that they are not able to play in randomly selected games. Ontario Basketball recognizes the fact that not every child will attend every game due to various other commitments but the choice must be left up to the player and player's parents. If you have signed a player to your roster they must then be given an equal chance to play.

### **10.5 Back-to-Back Shift Substitution**

Players may not play back-to-back periods in the game.

Exceptions:

- The shifts immediately before and immediately following half time are not considered to be back-to-back in the U11 Atom/U12 Major Atom level of play. Free substitutions may occur at half time. This rule is contingent upon equal participating conditions being met for all team members.
- A player may play back-to-back shifts as a result of medical reasons and/or injuries and only if the coach has no other player to substitute.
- For the purpose of shift assignment for equal participation only, each shift shall be divided into four one-minute intervals, and assignment of the shift shall take place as follows:
  - If substitution occurs during the first three minutes (0:00-2:59), the shift belongs to player two ("the Substitute);
  - If substitution occurs in the last minute (3:00-4:00), the shift belongs to player one ("the Intended Player").

### **10.6 Overtime**

- The length of each extra shift shall be four minutes long.
- Teams are not required to provide playing time for all players in overtime.
- Time-outs do not carry over to overtime period. Each team receives one time out per overtime period.
- Each overtime period will begin with the possession arrow.

### **10.7 Faking an Injury and Not Dressing Players**

- The equal participation rules were formulated with the best interests in mind of the children playing the game at the U11 Atom and U12 Major Atom level.
- Every child who is registered and signed the team registration form must participate under the equal participating rules. Every coach must respect the intent of these rules and adhere to them.

### **10.8 Late Players**

- Although adding eligible player(s) after the game has started to the official score sheet is permitted, the equal participating rule must be met for all players including the late player(s).

### **10.9 Tracking Playing Time – U11 Atom/U12 Major Atom**

- The scorer is required to track all players’ shifts including substitutions due to medical reasons and/or injuries.
- Each time a player is on the court for a shift, a checkmark will be made in the space provided on the score sheet.

Example:

| Team:      |               | Date: |                |      |               | Location: |                |       |
|------------|---------------|-------|----------------|------|---------------|-----------|----------------|-------|
| Player     | First Quarter |       | Second Quarter |      | Third Quarter |           | Fourth Quarter |       |
| Shift      | One           | Two   | Three          | Four | Five          | Six       | Seven          | Eight |
| McPhee     |               | ✓     |                | ✓    |               | ✓         |                |       |
| Jansson    | ✓             |       | ✓              |      | ✓             |           | ✓              |       |
| Thain      | ✓             |       | ✓              |      | ✓             |           | ✓              |       |
| D’Ornellas |               | ✓     |                | ✓    |               | ✓         |                |       |
| Mallia     |               | ✓     |                | ✓    |               | ✓         |                |       |
| Albright   | ✓             |       | ✓              |      | ✓             |           | ✓              |       |
| O’Keefe    |               | ✓     |                | ✓    |               | ✓         |                |       |
| Hurtubise  | ✓             |       | ✓              |      | ✓             |           | ✓              |       |
| Stryker    |               | ✓     |                | ✓    |               | ✓         |                |       |
| Ghassemi   | ✓             |       | ✓              |      | ✓             |           | ✓              |       |
| Total      | 5             | 5     | 5              | 5    | 5             | 5         | 5              |       |

### **10.10 Person-to-Person Rules**

Ontario Basketball requires its registered clubs and coaches to have as one of their most important priorities, the development of long-term basketball skills. For this reason:

- Ontario Basketball believes that teaching person-to-person defensive skills is critical to children’s overall skill development, enjoyment and success in the game of basketball.
- Registered member clubs and coaches are required, therefore, to teach their players the necessary skills needed to use only person-to-person defence during Ontario Basketball’s U11 Atom and U12 Major Atom games.
- **The spirit of the rule is to not encourage any athlete to stand in the key playing a one-man zone and to teach the athletes to help and recover to their offensive check.**

### **Explanation of Terms**

**Legal Guarding Position:** The position of a defensive player who is guarding the offensive player with the ball. The defender must be attempting to stay within an arm’s length of his or her check and separation as defined below has not occurred.

**Gapping:** Where a defensive player is within one stride away from what would be legal guarding position of his or her check if that check passed the ball.

**Help Situation:** Where there is separation and a defender (the Help Defender) leaves his or her check to defend the offensive player who has caused the separation to occur.

**Help Position:** As per the Ontario Basketball young player rule modification, a defensive position which is not guarding the ball and is outside the three-second area. In this position the defensive player should have no feet inside the three-second area, unless the person who is guarding the ball has clearly beaten his or her opponent.

**Separation:** Occurs when a defender (aka “Beaten Defender”) has been clearly beaten by his or her check and the offensive player has a visible advantage (shoulder or feet past the defenders back foot) over the defender.

**Quarter Court:** The area on the floor closest to the basket below an imaginary line drawn perpendicular to the sideline through the top of the three-point arc.

**Recover:** Where a help defender assists and (either the help defender or the beaten defender) establishes legal guarding position, then either the beaten defender must switch to cover the check left open by the help defender or the help defender must return to his or her original check. At no point should two defenders be left guarding one offensive player.

**Weak side:** The side of the quarter court that is opposite the side where the ball is situated.

**Zone Defence:** When any player defends an area on the court as opposed to guarding an offensive player.

### **Definition of Person-to-Person**

**Zone defences are illegal and not allowed.**

- When the ball is inside the boundaries of the half court, each defensive player must guard an offensive player and make all moves associated with the offensive player's positioning and movement including the rules further set out below.
- Defenders are entitled to provide help but only where there is separation. **Double teams are not permitted! In no situation should a double team occur beyond a help situation. The spirit of the rule is not to encourage any athlete to stand in the key playing a one-man zone and to teach the athletes to help and recover to their offensive check.**
- Where help is provided, the help defender or the beaten defender must recover once one of them establishes legal guarding position.
- **The only time defenders can defend from within the three-second area is:**
  - When they are guarding an offensive player who is standing in the three-second area; OR
  - The defender is within one arm's length of his or her check who does not have the ball: OR
  - They are guarding the ball with respect to their check; OR
  - There has been separation and they are providing help.

**Defensive Positions when the ball is in the quarter court:**

#### **Defender Guarding the Ball**

- The defensive player guarding the ball must defend the player with no gapping permitted. The defender must be attempting to stay one arm's length away from the offensive player and may not slack off by gapping.

#### **Defender is One Pass Away from the Ball**

- The defensive player must be committed to an offensive player. The defender is permitted to gap from his or her check, however

the defensive player is not permitted to provide help unless there is separation.

**Defender is Two Passes Away or on Weak side**

- Defenders who, on the weak side or at least two passes away, are not restrained as to the distance they can play from their check and may assume a help position provided that the defender stays on the weak side. They are reminded that this means that the defender must remain outside the key area with no feet in the key area and be in help position as demonstrated in Diagram 1, Triangle 4. The defender is not permitted to provide help unless there is separation.

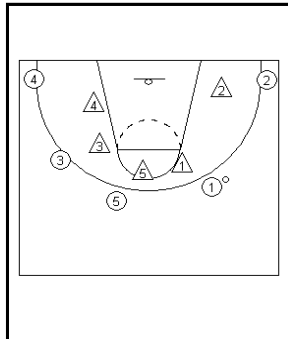
**Defending Players Above the Top of the Three-Point Line**

- When defending a check who does not have the ball and is above the line which defines the quarter court, the defender can play below the quarter court line but must stay above a line extending across the free throw line to the sideline. Defenders must remain on the same side of the court as his or her check (diagram 6).

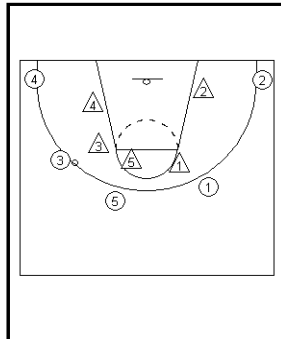
**Please review the following diagrams for defensive positioning when defending the half court.**

| Diagram Number | On the Ball  | One Pass Away | Two Passes Away |
|----------------|--|---------------|-----------------|
| 1              | 1  | 5 & 2         | 3 & 4           |
| 2              | 3  | 4 & 5         | 1 & 2           |
| 3              | 5  | 1 & 3         | 4 & 2           |
| 4              | 4  | 3             | 5, 1, & 2       |
| 5              | 2  | 1             | 5, 3, & 4       |
| 6              | 2 & 3 Positioning when defending above the 3-pt line |               |                 |

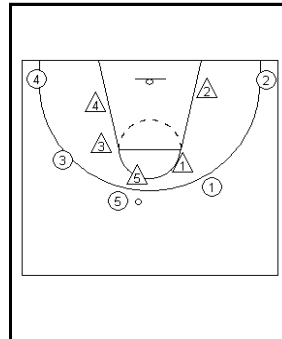
**Diagram 1**



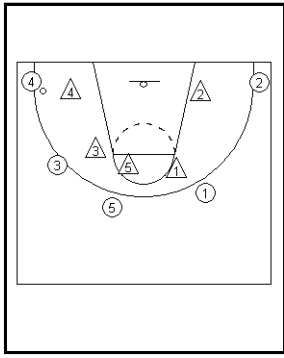
**Diagram 2**



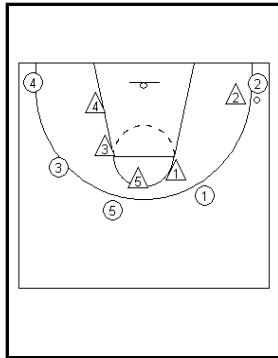
**Diagram 3**



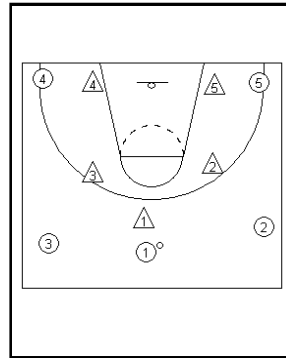
**Diagram 4**



**Diagram 5**



**Diagram 6**



**Intentional Double Teaming**

- Double teaming and trapped is not permitted the entire length of the floor.
- Accidental double teams (i.e. when an offensive player dribbles towards a teammate and their defender is in the same part of floor) is not a violation unless the defensive players do not immediately retreat back to their original checks.

The intent of this rule is to eliminate intentional double teaming, so please inform your parents of this rule so a positive playing environment is maintained at all times.

**10.10.1 Consequences for Person-to-Person Rule Infractions**

First Infraction:

- The site convener will provide one warning to the offending team.
- The scorer must then notate the warning on the game sheet.

Subsequent infraction(s):

- The site convener will instruct the referee to assess a team technical foul against the defensive team for each and every infraction.
- Two free throws and possession of the ball at half court will be awarded to the offensive team.

**10.10.2 Procedures to the Consequences to Person-to-Person Rule Infractions**

- Any player of the offensive team listed on the game sheet (on or off the court) may shoot one or both free throws.

- An offensive player coming on to the court from the bench to take one or both of the free throws must return immediately to the bench after the free throw(s) have been taken and before play resumes.
- Coaches are not to use this violation as a substitute opportunity.
- The team's coach whose team receives three or more team technicals as a result of person-to-person infractions in any one game, will be reported to Ontario Basketball by the sanctioned tournament convener or league representative and investigated under Ontario Basketball's Fair Play Policy.

### **10.10.3 Person-to-Person Recommendations**

- Coaches must take a more active role in reminding their young players throughout the game to play according to the rules and guidelines as set out in this manual.
- For example:
  - Coaches should monitor their score and remind players during the eighth shift to stop pressing whenever the score warrants.
  - Coaches should remind their players to defend their offensive opponent throughout the game to avoid person-to-person defence rule infractions.
- **Coaches are encouraged to review the person-to-person rules with the parents of their players so a positive playing environment can be maintained at all times.**

### **10.11 Drop Back Rule**

- Pressing is permitted except when one team leads by 15 points or more, its players must 'drop back' behind the eight-second line.
- Once the losing team secures player control of the ball (dribbling or holding the ball) in its backcourt, the winning team must retreat immediately into their backcourt behind the eight-second line.
- The losing team shall be allowed to dribble the ball unimpeded across the eight-second line and establish frontcourt status.

#### **10.11.1 Drop Back Rule Penalty**

- Violation of the rule stated above will result in the ball being awarded out-of-bounds to the losing team at the frontcourt sideline at the extended free throw line.

## **11. U13 Bantam to U14 Major Bantam Rules & Regulations**

### **11.1 Playing Court Dimensions**

Minimum: 44' x 74'      Maximum: 50' x 84'  
Free Throw Line: 15'      Three Point Line: In effect  
Ball Size: 6

### **11.2 Entire Game**

- The game will consist of four quarters of play. Each quarter is eight minutes long.
- After the first quarter, each quarter will start in the direction of the possession arrow.
- The throw-in shall be from the out-of-bounds at the division line in the backcourt opposite the scorer and timer's table.

### **11.3 Overtime**

- The length of each extra shift shall be four minutes long.
- Time-outs do not carry over to overtime period. Each team receives one time-out per overtime period.

### **11.4 Drop Back Rule**

- When a team leads by 20 points or more, its players must 'drop back' behind the eight-second line.
- Once the losing team secures player control of the ball (dribbling or holding the ball) in its backcourt, the winning team must retreat immediately into their backcourt behind the eight-second line.
- The losing team shall be allowed to dribble the ball unimpeded across the eight-second line and establish frontcourt status.

#### **11.4.1 Drop Back Rule Penalty**

- Violation of the rule stated above will result in the ball being awarded out-of-bounds to the losing team at the frontcourt sideline at the extended free throw line.

## 12. U15 Midget to U19 Junior Rules & Regulations

### **12.1 Playing Court Dimensions**

Minimum: 50' x 84'            Maximum: 50' x 94'  
Free Throw Line: 15'        Three Point Line: In effect  
Ball Size: 6 for U15 Midget to U19 Junior Girls  
              7 for U15 Midget to U19 Junior Boys

### **12.2 Entire Game**

- The game will consist of four quarters of play. Each quarter is eight minutes long.
- After the first quarter, each quarter will start in the direction of the possession arrow.
- The throw-in shall be from the out-of-bounds at the division line in the back court opposite the scorer and timer's table.

### **12.3 Overtime**

- The length of each extra shift shall be four minutes long
- Time-outs do not carry over to overtime period. Each team receives one time-out per overtime period.

### **12.4 24-Second Shot Clock Rule**

- Shot clocks are mandatory for all games. Standard FIBA rules will apply should a shot clock malfunction or do not work during a game.
- Please refer to Article 29, Page 32 of the FIBA Manual for the full 24-second rules and procedures (whenever a player gains control of a live ball on the court, his/her team must attempt a field goal within twenty-four seconds).
- To constitute a shot for a field goal within 24 seconds
  - The ball must leave the player's hand(s) before the 24-second device signal sounds, and after the ball has left the player's hand(s), the ball must touch the ring or enter the basket.
- When a shot for a field goal is attempted near the end of the 24-second period and the signal sounds while the ball is in the air:
  - If the ball enters the basket, no violation has occurred, the signal shall be disregarded and the goal shall count.

- If the ball touches the ring but does not enter the basket, no violation has occurred, the signal shall be disregarded and the game shall continue.
- If the ball hits the backboard (not the ring) or misses the ring, a violation has occurred unless the opponents have gained immediate and clear control of the ball, in which case the signal shall be disregarded and the game shall continue.

#### **24-Second Shot-Clock Procedure**

- If the game is stopped by an officials for any valid reason not connected with either team (24-second device reset in error, etc.) or connected with the opponents of the team in control of the ball, possession of the ball shall be awarded to the team that previously had control of the ball with a new 24-seconds.
  - However, if in the judgment of the officials, the opponents would be placed at a disadvantage, the 24-second device shall continue from the time it was interrupted.
- If the 24-second device sounds in error while a team has control of the ball or neither team has control of the ball, the signal shall be disregarded and the game shall continue.
  - However, if in the judgment of the officials, the team in control of the ball has been placed at a disadvantage, the game shall be stopped, the 24-second device shall be corrected and the ball shall be awarded to that team.

#### **24-Second Shot Clock Penalty**

- The ball shall be awarded to the opponents for a throw-in at the place nearest to where the game was stopped by the official, except when directly behind the backboard.

## 13. Tiebreaking Procedures

### **13.1 All Draws (except twelve team)**

#### **Step 1: Most Wins**

- The team with the most wins will be given priority ranking.

#### **Step 2: Two-Way Tie – Head-to-Head Method**

- If a tie exists between two teams at the completion of the schedule, the winner of the game played by the two teams involved (head-to-head match-up) will be given priority ranking.

#### **Step 3: Three-Way Tie – Points For and Against Method**

- If a tie exists between three or more teams, the points for and against method will be used with a cap at 20 points per game. Example – Team A wins by 32 points, only a point spread of +20 will be used for that game not a +32.
  - Scores against the team(s) NOT involved in the three-way tie are discarded.
  - The total points scored and allowed for each game is calculated of the teams involved in the three-way tie.
  - The team with the highest points for and against value will be given priority ranking.
  - The team with the second highest points for and against value will be given the secondary ranking.

Example: three pool games of the three teams tied:

Game 1 - A 50 - B 45    Game 2 - B 60 - C 38    Game 3 - C 45 - A 37

Team A – Game 1 (+5), Game 3 (-8) = -3 Points For and Against

Team B -- Game 1 (-5), Game 2 (+20) = +15 Points For and Against

Team C -- Game 2 (-20), Game 3 (+8) = -12 Points For and Against

Team B receives the priority ranking.

Team A receives the secondary ranking and advances to the playoffs.

Team C is eliminated from the playoffs.

**Step 4: Two-Way Tie Persists – Head-to-Head Method**

- If a tie exists between two teams after using the three-way tie – points for and against method, (see method “three” on the previous page) the winner of the game played by the two teams involved (head-to-head match-up) will be given priority ranking.

| <u>Team</u> | <u>Points for</u> | <u>Points Against</u> | <u>Points For and Against</u> |
|-------------|-------------------|-----------------------|-------------------------------|
| A           | 90                | 80                    | +10                           |
| B           | 100               | 90                    | +10                           |
| C           | 80                | 100                   | -20                           |

- The winner of the game between Team A and Team B receives the priority ranking.
- The loser of the game between Team A and Team B receives the secondary ranking.
- Team C is eliminated from the playoffs.

**Step 5: Three-Way Tie Persists – Additional Pool Play Result**

- If a tie persists between three teams after the points for and against method is used, the game against the remaining team in the pool will be added to the calculation to determine who is given priority ranking. If a tie persists between two teams after the additional score is used the head-to-head method will be used to determine the priority ranking.

Example:

| <u>Team</u> | <u>Points For and Against of Teams Involved</u> | <u>Additional Pool Play Game Result</u> | <u>Total Points For and Against</u> |
|-------------|---|---|-------------------------------------|
| A           | 0   | 50 – 55 = -5                            | -5                                  |
| B           | 0   | 68 – 60 = +8                            | +8                                  |
| C           | 0   | 55 – 52 = -3                            | -3                                  |

- Team B receives priority ranking.
- Team C receives the secondary ranking and advances to the playoffs.
- Team A is eliminated from the playoffs.

**Step 6: Three-Way Tie Persists – Number Draw**

- The numbers 1, 2 and 3 are written on a piece of paper by a neutral third party.
- The coaches then draw a number from the container, beginning with the highest-seeded team and ending with the lowest seeded.

- Number 1 shall represent the priority ranking, number 2 the secondary ranking and number 3 will be eliminated from the playoffs.
- The team that draws the number 1 receives the priority ranking.
- The team that draws the number 2 receives the secondary ranking.
- The team that draws the number 3 is eliminated from the playoffs.

### **13.2 Twelve-Team Draw**

#### **Step 1: Most Wins**

- The team with the most wins will be given priority ranking.

#### **Step 2: Two-Way Tie – Head to Head Method**

- If a tie exists between two teams at the completion of the schedule, the winner of the game played by the two teams involved (head-to-head match-up) will be given priority ranking.

#### **Step 3: Three-Way Tie – Points For and Against Method (Cap 20 points per game)**

- Once the two teams with the best record in each pool have been determined, if two or more of the remaining teams in the three pools are tied in wins, ranking of those teams to determine the wildcard teams is based on the team with best points for and against record using the scores from all the round-robin games of each team. (With a maximum plus 20 score per game.)

#### **Step 4: Three-Way Tie persists – Points For and Against Method**

- If ranking based on points for and against results a tie remaining between two teams in different pools, or among more than two teams, ranking of those teams to determine the wildcard teams is based on the (highest) difference between total points scored and total points allowed for each team using the scores from all the round-robin games of each team.

#### **Step 5: Two-Way Tie Persists – Head-to-Head Method**

- If ranking based on points for and against or points allowed results in a tie remaining between two teams that are in the same pool, the winner of the head-to-head game has priority ranking.

#### **Step 6: Tie Persists – Number Draw**

- Any remaining ties are broken by ranking numbers drawn by the affected coaches.

## 14. Ontario Cup Rules & Regulations

### **14.1 Tournament Format**

All Ontario Cup divisions will be classified at division in numerical order. (one, two, three...). Division one is the highest level of play. Tournament draws may be held in four, eight, ten, twelve or sixteen team standard formats. Tiebreaking procedures for all tournament draws can be found on pages 13.1 and 13.2.

All Ontario Cup division breakdowns are done by the ranking and seeding committee and will be published online at [www.basketball.on.ca](http://www.basketball.on.ca) under the Provincial Championships section. Divisions and schedules are posted online once confirmed after each respective final ranking meeting. Please review section "Ranking & Seeding" for more information.

**Please note once the schedule is released possible changes may occur due to uncontrollable circumstances. All teams are responsible for checking their schedule on Thursday and Friday of the tournament weekend to ensure you have the updated schedule. Ontario Basketball will make every effort to contact you if a change is made, please ensure the contact information provided on the Team Roster Form is accurate and an emergency contact number where you can be reached is provided.**

### **14.2 Registration**

All teams wishing to participate in the Ontario Cup must register online and submit payment to Ontario Basketball prior to the published deadline for their given age category (for deadlines please see the 2010 Ontario Cup Provincial Championships Timelines). The Ontario Cup team registration fee is \$400.00.

For a step-by-step online instructions download the Club Administration and Registration Guide from the Ontario Basketball website.

### **14.3 Participation Requirements**

U10 Novice teams must play a minimum of six games against Ontario Basketball teams, including one sanctioned tournament. Teams must also play a minimum of four different Ontario Basketball teams and two games against teams outside of their region.

U11 Atom to U19 Junior teams must play a minimum of 10 games against Ontario Basketball teams, including one sanctioned tournament. Teams must play a

minimum of five different Ontario Basketball teams and two games against teams outside their region.

All teams must play the minimum number of games within their age category. Teams that fail to play the minimum number of games may be disqualified from participating in the Ontario Cup.

All teams must play the minimum number of games using only players listed on their Ontario Basketball Roster. Games against teams from other provinces, countries, high schools or elementary schools do not count for the purposes of ranking and seeding.

To ensure that your team is ranked and seeded correctly, please make certain that all games results are posted before the Ranking and Seeding deadlines listed in section 2.2. Teams are encouraged to play a wide range of opponents that are both stronger and weaker than your team to ensure your team is ranked appropriately.

#### **14.4 Team Results**

Teams must submit all scores using the online team results system at [www.basketball.on.ca](http://www.basketball.on.ca). It is mandatory to report all game scores against Ontario Basketball teams. It is recommended that you report all scores within 48 hours of the game taking place. All team results submitted will then be posted on your team page and available for the Ranking and Seeding Committee to access.

Do NOT send results to the Ontario Basketball office unless instructed to do so.

#### **14.5 Wait List**

Ontario Basketball will hold all monies and registration forms until you are entered into the Ontario Cup. If, by the start of the respective Ontario Cup you are not entered, a refund will be provided.

#### **14.6 Withdrawal**

Teams withdrawing between January 29, 2010 and the final results submission deadline in a respective category will be refunded the team registration fees, less a \$100.00 administrative fee.

Teams withdrawing after the final ranking date will be penalized according to the Performance Bond and Failure to Appear Policy.

Teams intending to withdraw from the Ontario Cup should notify Ryan Albright, Manager of Provincial Competitions immediately at 416-426-7207 or by email at [ralbright@basketball.on.ca](mailto:ralbright@basketball.on.ca)

#### **14.7 Team Substitution**

If a vacancy occurs in the Ontario Cup prior to the final seeding, the vacancy shall be filled from the waiting list. Teams on the waiting list are listed by date of receipt.

If a vacancy occurs in the Ontario Cup after the final ranking and seeding has been completed, it shall be filled by the next team on the waiting list that was seeded in the given division.

If no team was seeded in the given division that is available, the top team from the next lowest division will be moved into the vacancy and so on until all vacancies are filled.

Any teams substituted after 10:00 pm on the Monday, two weeks prior to the tournament weekend, will take the seed of the team they are replacing.

#### **14.8 Merchandise**

Ontario Cup merchandise will be on sale and available on March 1, 2010. Please visit The Basketball Store online at [www.basketball.on.ca](http://www.basketball.on.ca) for prices, sizes and to order online. To avoid missing out on certain sizes, individual orders and team orders may be placed ahead of time using the pre-order form and can be mailed or picked up at any Ontario Cup weekend.

## 15. Ranking & Seeding

The Ranking and Seeding Committee list is available on the Ontario Basketball website, [www.basketball.on.ca](http://www.basketball.on.ca). Click 'Provincial Championships' and then 'Team Results and Tracking.'

### **15.1 Team Tracking**

It is the responsibility of every team contact/head coach to input game results for their team and ensure all team results are posted and accurate before their respective ranking and seeding meeting.

All game results are to be posted through the coach login:

<https://www.basketball.on.ca/coach/login>. Login for coaches will be sent upon receipt of the 2009-2010 signed team roster form. The winner of each Ontario Basketball game is responsible for entering the score online.

### **15.2 Failure to Submit Results and Falsification of Results**

Teams that fail to submit results will be listed as N/R (Not Ranked) for the initial ranking meeting. If results are not posted for the final ranking meeting the team will not be permitted to compete in the Ontario Cup.

Failure to submit all game scores or falsification of information by a coach is a serious offence and may result in a sanction under the Fair Play Policy.

### **15.3 Initial Ranking**

Coaches must submit results for the initial ranking and seeding meeting. It will show where teams rank to that point in the season and address any concerns with a ranking.

Initial rankings will be posted the following week after the meeting.

#### **Initial Ranking Review Form**

All teams have the opportunity to submit the "Initial Ranking Review Form" to Ontario Basketball ([ralbright@basketball.on.ca](mailto:ralbright@basketball.on.ca)) before their final ranking meeting. The "Initial Ranking Review Form" can be found on the Ontario Basketball website under Provincial Competitions/Team Results & Tracking.

Coaches are encouraged to submit the "Initial Ranking Review Form" if they feel there are concerns with the initial ranking. This form is used at the final ranking meeting by the committee to help make the divisions as competitive as possible. This form can also be used by teams who do not have an initial ranking meeting.

#### **15.4 Final Rankings**

The final ranking for each age group will be posted on the Ontario Basketball website at 5:00 p.m. the Monday following each final ranking meeting

#### **Final Ranking Appeals**

Teams will have a 24-hour period that coaches may respectfully submit an e-mail outlining any possible errors in the posted rankings.

All appeals must be sent via e-mail to:

- Chris Barron – Chair of Ranking and Seeding Committee  
[cjbhoops@yahoo.com](mailto:cjbhoops@yahoo.com)
- Ryan Albright – Manager, Provincial Competitions  
[ralbright@basketball.on.ca](mailto:ralbright@basketball.on.ca)

If no e-mail is received by the end of the 24-hour period then no changes will be made to the final rankings.

Once all concerns are addressed, the final rankings will then be posted by 5:00 p.m. Wednesday following the ranking meeting

Example Timeline:

- April 18<sup>th</sup> – U15 and U16 Girls' final ranking meeting.
- April 19<sup>th</sup> @ 5:00 p.m. – Final rankings are posted.
- April 20<sup>th</sup> @ 5:00 p.m. – Deadline to voice ranking concerns
- April 21<sup>st</sup> @ 5:00 p.m. – Final rankings are re-posted. Ontario Cup draws will be posted on the website shortly after.

Please note: Ontario Basketball reserves the right to make ranking and seeding changes for the equality of any Ontario Cup division.

#### **15.5 Criteria for Ranking and Seeding**

- Head-to-head results
- Win-loss record
- Opponent's record
- Strength of schedule and opponent's schedule
- Roster changes
- League Results

## 16. Fair Play Guidelines

### General Information

- Ontario Basketball, through its Board of Directors, is committed to providing a sport and work environment in which all individuals are treated with respect and dignity. To that end, and consistent with its Fair Play policy contained within the Behavioural Guidelines.
- For a copy of the full Fair Play policy and procedure manual visit the Ontario Basketball website at [www.basketball.on.ca](http://www.basketball.on.ca)
- This policy applies to:
  - All members of Ontario Basketball
  - All Ontario Basketball sanctioned basketball programmes or services, including, but not limited to, Ontario Basketball sanctioned games and/or tournaments.

*For purposes of this Policy, the following definitions shall apply:*

**Club:** is an association as defined in accordance with By-law One of Ontario Basketball.

**Game:** a period of time, divided by quarters or halves, during which two basketball teams compete against each other. A “game” shall include the warm-up period prior to its commencement, half-time and post game procedures, including, but not limited to signing and distribution of score sheets, team handshake, clearing the benches and exiting the gymnasium.

**Game Official:** an individual certified by the Ontario Association of Basketball Officials who referees a game

**Game Management Committee:** Any individual(s) designated by a club hosting a game or tournament to facilitate the game or tournament.

**Guideline Penalty:** a penalty provided for in Schedule “A” which, in addition to any other penalty which may be imposed, must be imposed upon a member by the appropriate person(s) in accordance with this policy.

**Mandatory Minimum Penalty:** a penalty provided for in Schedule “A” which, in addition to any other penalty which may be imposed, must be imposed upon a member by the appropriate person(s) in accordance with this policy.

**Misconduct:** in addition to conduct contrary to Ontario Basketball’s Fair Play policy contained within the Athletes’ Behaviour Guidelines, the Coaches Behaviour

Guidelines, and the Spectator Guidelines, misconduct includes those actions by a member provided for in Schedule "A" or Schedule "B".

**Recommended Penalty:** a penalty provided for in Schedule "B" annexed hereto to be imposed is deemed appropriate by the appropriate person(s) in accordance with this policy.

**Season:** a twelve-month period commencing on September 1 of any given year and ending on August 31 of the following year.

**Seasonal Offence:** any offence which occurs within a season as defined herein.

**Team Official:** a coach, assistant coach, manager of a team, trainer of a team or any "bench personnel," as defined by the International Basketball Federation of Officials (FIBA). For greater clarity, where a penalty has been imposed against a team official in accordance with this policy, any unexpired penalty imposed against the team official shall continue to apply to the team official in the event she or he has become a team official for a successor or different Team

**Tournament:** a series of games sanctioned by Ontario Basketball and hosted by an affiliated club, as defined pursuant to By-law One of Ontario Basketball, which are conducted within a period of less than 72 hours.

**Time:** in calculating the number of days provided for in this policy, no account shall be taken of statutory holidays, and, where the time provided for is less than seven days, no account shall be taken Saturdays and Sundays. The time limits provided for within this policy, may, in the sole discretion of the appropriate committee in accordance with this policy, be abridged or extended

**FIBA:** The International Basketball Federation's Officials Basketball Rules which are adopted for use at all Ontario Basketball sanctioned games and/or tournaments subject to Ontario Basketball modifications as outlined in the Coaches' Manual.

**Disqualifying Foul:** is defined in Article 37.1, FIBA Official Basketball Rules, as any flagrantly unsportsmanlike action or a player, substitute, extended player, coach, assistant coach or team follower.

A player shall be disqualified when:

- A player is charged with two unsportsmanlike fouls.
- A player who has committed five fouls, personal and/or technical, shall be informed thereof by the referee and must leave the game immediately. The player must be substituted within thirty seconds.

A coach shall be also disqualified when:

- A coach is charged with two technical fouls as a result of their personal unsportsmanlike behaviour.
- A coach is charged with three technical fouls accumulated as a result of unsportsmanlike behaviour from the team bench (assistant coach, substitute or team follower) or a combination of three technical fouls, one which has been charged against the coach.

**Unsportsmanlike Foul:** is defined in Article 36.1, FIBA Official Basketball Rules, as a player contact foul which, in the judgment of the official, is not a legitimate attempt to directly play the ball within the spirit and intent of the rules.

**Zero Tolerance:** Any player or coach who is disqualified from a game for unsportsmanlike fouls (excluding players committing five personal and/or technical fouls) shall be deemed to have committed a possible Zero Tolerance Offence and may be subject to review under the Zero Tolerance Rule.

### **Athlete Behaviour Guidelines**

**Definition:** Anyone who participates in an athletic activity is considered an athlete. It is expected that each athlete will compete to the best of his or her abilities at all times, keeping in mind the spirit of competition and of the game.

**Goal Statement:** Any athlete in Ontario Basketball sanctioned events will be expected to adhere to Ontario Basketball's principles of Fair Play and the Athletes; Guidelines for Behaviour.

**Actions:** Always model mature behaviour consistent with that of Ontario Basketball Guidelines for Behaviour.

- FAIR PLAY is an athlete's first priority
- Participate for the love and enjoyment of the game.
- Respect the efforts and accomplishments of your teammates and your opponents.
- Respect officials, coaches, spectators and event organizers.
- Respect the facility you visit or in which you play.
- Respect the rules of the game.

### **Coaches Behaviour Guidelines**

**Definition:** Anyone who participates as a teacher, leader or instructor to train, educate or motivate athletes to compete in an athletic activity is a coach.

**Goal Statement:** Any coach participating in Ontario Basketball sanctioned events will be expected to adhere to Ontario Basketball's principles of Fair Play and the Coaches' Behavioural Guidelines.

**Action:** Always model mature behaviour consistent with that of Ontario Basketball's Guidelines for Behaviour.

- Be a leader, a positive influence and role model.
- Reward effort, Fair Play and commitment.
- Recognize and respect the differences in your athletes.
- Demonstrate respect for all individuals involved in the game.
- Communicate in a positive and rational manner.
- Respect and coach within the spirit of the game.
- Always attempt to contribute to the betterment of the game.

### **Spectator Behaviour Guidelines**

**Definition:** Anyone watching a particular athletic activity or event whether sitting or standing is considered a spectator. A spectator may be a parent, a relative, friend, teammate, opposing player, administrator or coach not directly involved in the game. Spectators should never influence the outcome of the event and must never pose a distraction to players, other spectators, timers, score keepers and referees.

**Goal Statement:** Any spectator watching an Ontario Basketball sanctioned event will be expected to adhere to the following Guidelines for Behaviour.

**Actions:** Always model mature behaviour consistent with that of Ontario Basketball's Guidelines for Behaviour.

- Support the game of basketball!
- Stress the importance of participation.
- Avoid spectator-imposed pressures to win.
- Be supportive of the athlete, team, coach, opponents and officials.
- Maintain a supportive, constructive atmosphere conducive to personal development.
- Refrain from negative communication with players, coaches, the scorers' table or game officials.
- Remain in spectators' section and refrain from entering the playing area at any time

## **Spectator Conduct Policy for Clubs**

**Definition:** It is a requirement of all clubs affiliated with Ontario Basketball to assume responsibility for the conduct of all athletes, coaches, and spectators under jurisdiction.

- Violation of the Guidelines for Behaviour of Coaches and Athletes will be dealt with under the Fair Play Policy.
- With respect to the enforcement of the Conduct Policy of Spectators, we need your help and co-operation.

**Procedure:** The following procedures should be applied:

1. Should team spectators violate these guidelines, a member of the game or tournament management committee or an Ontario Basketball representative will approach the group and advise that their behaviour is not acceptable
2. Should the behaviour continue, the Ontario Basketball representative will approach the coach, or an executive member of the coach's club, if present, and ask for their co-operation in dealing with the situation.
3. If the coach neglects to provide assistance, and/or should the behaviour persist, the Ontario Basketball representative will then bring the situation to the attention of the Game Official(s) and any of the following penalties may be invoked in the unfettered discretion of the Game Official(s): a technical foul, suspension of play or spectator ejection from the gymnasium.

## **Officials Conduct Policy**

**Definition:** Officials at Ontario Basketball events are participants in enriching the experience of athletes and coaches competing in the game. As such, it is expected they shall exercise a high level of self-discipline, independence and responsibility.

**Goal Statement:** The purpose of this code is to establish guidelines for standards of conduct for officials who are refereeing all Ontario Basketball events.

**Action:** Officials shall be fully aware of both the rules of the game and the mechanics necessary to enforce the rules, and shall exercise authority in an impartial, firm and controlled manner.

- Officials shall work with each other and Ontario Basketball in a constructive and cooperative manner.
- Officials shall uphold the dignity of the profession in all interactions with athletes, coaches, team managers, scorekeepers, timekeepers, convenors, tournament personnel and spectators.

- Officials shall prepare themselves both physically and mentally, shall wear the approved OABO uniform and shall comport themselves in a manner consistent with the high standards of the profession.
- Officials shall be punctual and professional.
- Officials shall remain mindful that this conduct influences the respect that athletes, coaches and spectators hold for the profession.

### **Parents' Behaviour Guidelines**

**Definition:** A parent is anyone who is the legal guardian of an athlete (any child or youth who participates in a sport). Children learn best through example and parents are their most influential role models. A parent should always demonstrate a fair play, supportive attitude with all participants including opposing players and parents, officials and other spectators.

**Goal Statement:** Any parent participating in or watching an Ontario Basketball sanctioned event will be expected to adhere to the following Guidelines for Behaviour.

#### **Actions:**

- Remember that children and youth participants participate in sport for their enjoyment, and not your own.
- Encourage children and youth to participate, do not force them.
- Focus on their efforts and performance rather than winning or losing.
- Encourage children and youth to always play according to the rules and to settle disagreements without hostility or violence.
- Never ridicule or yell at a child or youth for making a mistake or losing a competition.
- Remember that children and youth learn best by example. Appreciate good performances and skilful players by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children and youth to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, there would be no competition
- Respect the rights, dignity and worth of every young person regardless of his or her race, national or ethnic origin, gender, sexual orientation, disability, religion, family status or physical appearance.

## **Conduct Policy for Members**

**Definition:** A member club is a registered organization with Ontario Basketball running basketball programming for youths or adults. It is a requirement of all member clubs with Ontario Basketball to assume responsibility for the conduct of all athletes, coaches and spectators under their jurisdiction.

**Goal Statement:** Any member club participating within Ontario Basketball will be expected to adhere to Ontario Basketball's principles of Fair Play and the Conduct Policy for Member Clubs.

**Actions:** Always model mature behaviour consistent with that of Ontario Basketball's Guidelines for Behaviour.

- Conduct the organization as an ambassador of Ontario Basketball.
- Follow all Ontario Basketball policies and procedures.
- Refrain from negative communications with or against any member club.
- Avoid spectator-imposed pressures to win.
- Be supportive of the athlete, team, coach, opponents and officials.
- Maintain a supportive, constructive environment for all participants
- Be a leader, a positive influence and role model.
- Support the game of basketball!

## **How to Write a Formal Complaint to Ontario Basketball**

1. Complete the form (Appendix A) and submit it with all additional information to Ontario Basketball c/o Commissioner, Fair Play and Resolution.
2. Once Ontario Basketball receives the formal complaint you will be contacted to confirm receipt of it by a member of the Fair Play and Resolution Committee.
3. Once the Fair Play and Resolution Committee has confirmed receipt of the complaint form, your complaint has then been officially filed with Ontario Basketball.
4. Please note this form is not to be used for any complaints regarding game officials. Complaints regarding officials must be sent to their local officials board for handling.
5. For an electronic versions of the complaint form, please contact the Ontario Basketball office at [info@basketball.on.ca](mailto:info@basketball.on.ca).

**Appendix A: OBA Official Complaint Form**

**Submitted by:**

Contact Name: \_\_\_\_\_  
Club Name: \_\_\_\_\_  
Phone: (    ) \_\_\_\_\_ Email: \_\_\_\_\_  
Date of Submission: \_\_\_\_\_ M / D / Y

**Complaint being submitted against:**

Name: \_\_\_\_\_  
Player:     Team Official:     Club:   
Club Name: \_\_\_\_\_

**Description of Misconduct:**

*\* Using "Schedule B" of the Fair Play Policies and Procedures, indicate the specific 'description of misconduct' that best reflects your complaint.*

*Example:*  
Misconduct number:   2.2    
Description:  
*Team Official engages in a fight outside the definition of the game but within the jurisdiction of the game management committee.*

**Misconduct number:** \_\_\_\_\_  
**Description:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Provide a brief summary of the complaint:**

Additional information to support complaint included.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This form, along with all other documentation, must be sent to Dave Hurley  
Commissioner, Fair Play and Resolution  
Email: [dhurley@basketball.on.ca](mailto:dhurley@basketball.on.ca) Fax: 416.426.7360  
Mail to: 3 Concorde Gate, Suite 311, Toronto, ON, M3C 3N7  
\*\* For a full form please visit the Ontario Basketball website.

## **Appendix B: OBA Transfer Policy**

### **Purpose:**

This Policy encourages players and their families to make careful and informed choices about selection of teams and Clubs. It promotes commitment and respect among players, coaches and teams. This policy also enables Ontario Basketball, as a governing body, to ensure fair competition among its member teams and to uphold the values of equity, opportunity, and accountability for its members.

### **Application:**

This Policy applies to all youth players and to all coaches of youth teams in the Ontario Basketball system. This policy does not apply to: adult players as defined by Ontario Basketball; youth players who have never previously registered with an Ontario Basketball team or Club; or youth players changing teams within the same club.

### **Joining a Team:**

Players join a team by signing an Ontario Basketball roster. When executed, rosters are submitted to Ontario Basketball. Upon the execution of a roster and its submission to Ontario Basketball, the player had deemed to have joined the team and is thus committed to play for that team for the season. Once a player has signed a roster, he or she may not be removed from it except for disciplinary reasons, which are documented in writing.

### **Timing:**

The Ontario Basketball year is divided into two parts. The 'seasonal commitment period' begins when a player signs a roster and ends on the day following the completion of the Ontario Cup tournament for the player's age group. The 'free agency period' begins when the 'seasonal commitment period' ends and continues until the player executes a roster for the next season.

### **Responsibilities of Players**

During the seasonal commitment period, a player must play for the team they have joined and may not join another team, except in the following circumstances:

- The team or Club they have joined folds;
- Criminal charges are brought against personnel within the team or Club they have joined; or
- The player's family relocates outside the area served by the team or club they have joined (such a relocation must be substantiated through appropriate legal documentation).

A player who has been removed from a roster for disciplinary reasons may not join another team during the seasonal commitment period.

### **Responsibilities of Coaches**

During the seasonal commitment period, coaches may not engage in discussions with players or their families about recruiting players to play for their teams or Clubs. They may engage in such discussions only during the free agency period. For the purposes of this Policy, the term 'discussions' refers to verbal communication in-person or by telephone, as well as all forms of electronic discussions such as through e-mail or other social networking sites.

### **Breaches and Penalties**

Any person who is aware that a coach or player is in breach of this policy may report such a breach by means of a written complaint to the Chair of the Fair Play Committee of Ontario Basketball ('Fair Play Commissioner')<sup>1</sup>. The Fair Play Commissioner will lead an investigation of all complaints received and will convene a panel of Fair Play Committee members to review. The Fair Play Committee shall be composed of not fewer than five members of Ontario Basketball.

The Panel and Commissioner will make a determination as to whether this Policy has been breached, and the resulting penalty.

In the event a coach is found to have breached this Policy, the following penalties will apply:

- First offence – up to one-year suspension from all OBA-sanctioned activity.
- Second offence – up to three-year suspension from all OBA-sanctioned activity.
- Third offence – up to five-year suspension from all OBA-sanctioned activity.

In the event a player is found to have breached this policy the following penalties will apply:

- First offence – suspension for the balance of the OBA competitive season.
- Second and subsequent offences – suspension for the balance of the OBA competitive season and for the next season.

The decisions of the Fair Play Commissioner and the Panel will be in writing and will be final and binding upon all Ontario Basketball members (player, coach and Club).

### **Effective Date**

This Policy becomes effective on September 22, 2009. This Policy will be reviewed annually by the Fair Play Committee and Ontario Basketball Board of Directors and will be amended as required.

## Appendix C: FIBA Rule Modifications

| FIBA Rule  | Will Be Enforced As Follows   |
|--|---|
| <b>Court And Equipment</b>   |   |
| Art. 2 Court markings – If FIBA markings are there, play them, if not play what’s there.   | Ontario Basketball sanctioned games and tournaments will use FIBA key. Where FIBA Key is not available use NFHS.  |
| <b>Teams</b>   |   |
| Art. 4.1.2. A team member is entitled to play when his or her name has been entered on the score sheet before the start of the game and as long as he/she has neither been disqualified nor committed five fouls.  | A player whose name has not been added to the score sheet may be added after the prescribed deadline without penalty. In equal participation age groups, the added player must meet the minimum number of required shifts.              |
| Art 4.2. Each team shall consist of no more than twelve players including a captain.   | Teams may be comprised of up to fifteen members.  |
| Art 6.2. The captain shall, immediately at the end of the game, inform the referee if his or her team is protesting against the result of the game and sign the score sheet in the space marked “Captain’s signature in case of protest”   | Game protests shall be administered in accordance with established Ontario Basketball protocols. The head coach will sign the score sheet in lieu of the Team Captain in cases where a protest is being launched.                       |
| Art. 7.8 The captain shall act as coach if there is no coach, of if the coach is unable to continue and there is no assistant coach entered on the score sheet. If the captain must leave the playing court, he may continue to act as coach however, if he must leave following a disqualifying foul, or if he is unable to act as coach because of injury, his substitute as captain may replace him as coach. | This rule will apply only where the captain has reached the age of majority, i.e., 19. In all other cases, a parent or adult supervisor qualified to coach at the level in play, must be present on the bench for the game to continue. |
| <b>Playing Regulations</b>   |   |
| Art. 8.2. The interval between quarters will be 2 minutes  | The interval between quarters will be 1 minute.   |
| Art. 8.3. The halftime intervals will be 15 minutes.   | Ontario Basketball sanctioned games will continue to provide a minimum of 5 minutes/maximum of 10 minutes at half.  |
| Art. 8.4. There shall be an interval of 20 minutes before the game is scheduled to play.   | Ontario Basketball sanctioned games will provide a minimum of 5 minutes for warm-up. If time permits: 10 Minutes.   |
| Art 8.7. Extra periods will be 5 minutes in length.  | Extra periods are either three or four minutes depending on age category.   |
| <b>Violations</b>  |   |
| Art. 27 – Closely guarded player rule  | Will be enforced in age groups that do not use a shot clock as per the National Federation closely guarded rule.  |