



HALTON DISTRICT SCHOOL BOARD
ELEMENTARY SCHOOL BASKETBALL

Please Note: In the event of bus cancellation, all league games are cancelled

The following are the rule modifications for all elementary league games:

Ball Size..... Girls play with a size 5 ball..... Boys play with a size 6 ball

Game Length.... 4 quarters of 6 minutes (stop time) 5 minutes for half time

Overtime..... 3 minutes

3 full time-outs (60 sec) and 2 short time-outs (30 sec)

Any team leading by more than 15 points must drop back to half court defense.

No full court pressing is allowed by teams who are leading by more than 15 points.

Penalty = Award the ball to the losing team at the free throw line (extended).

All defense (frontcourt & backcourt) must be man-to-man. No zone defense or zone traps are allowed.

Defensive players must pick up their checks once the offensive player crosses the center line into the frontcourt. Defensive players must be within 6 feet of their check and should make defensive moves according to the movement of the offensive player. Defenders must face the person they are guarding.

The exception to this rule occurs if an offensive player remains inactive in the offense beyond the approximate area of a 3 point line.

Double teams and even triple teams are allowed on players with the ball. A player without the ball may not be double-teamed. Defenders must immediately return to their check after the person being double teams passes the ball.

Full court man-to-man pressure is allowed. The defender of the inbounder **must** be on the ball. And the number of defenders must match the number of offensive players in the front court and back court.

Penalties for using a zone press or a zone defense are:

First infraction = a warning to either the player or the coach.

Second infraction = an indirect technical foul assessed to the coach.

Please note that all efforts to ensure that teams follow the man-to-man guidelines are greatly appreciated !!

