

Hamilton Basketball Officials

Ron Belcher
(905)628-1787

belcher-rb@cogeco.ca

Continuous Motion (4-11)

- Applies to:
 - Try or tap
 - Field goals or free throws
- Only significant when there is a foul by the **defence**
- Does not apply during batting or slapping of rebounds

Continuous Motion

continued

- **Begins:**
 - On a **try** with the habitual throwing motion, or
 - On a **tap** with the touching of the ball
- **Ends:**
 - When the ball is clearly in flight

Continuous Motion

continued

- If the foul (by the **defence**) occurs:
 - After the habitual throwing motion has begun
 - **and**
 - Before the ball is clearly in flight:
- Shooter** is allowed to complete usual:
arm, foot **or** body movements

Continuous Motion

continued

- 🏀 Also applies if foul is against a **teammate** of the shooter
- 🏀 Clarification in 2004-05

Continuous Motion

continued

- 🏀 The ball doesn't have to leave shooter's hand
- 🏀 **Airborne shooter** rule applies after release
- 🏀 "On the floor":
 - Is completely irrelevant
 - Perpetuates the myth