

HALTON RULE MODIFICATIONS

Intent and Purpose of the Rules

The rules are formulated with the best interests of the CHILDREN playing the game in mind. It is expected that each coach will respect the intent of these rules and adhere to them. **IT IS NOT ACCEPTABLE FOR A TEAM TO PLAY ZONE DEFENCE.

1. Teams must use person-to-person defense (either full or half court). Zone defenses & zone presses may not be used under any circumstances. Please read “Defensive Philosophy” and “Halton’s Person to Person Defense”.
2. Any team that leads by more than 15 points must drop back to half court defense. Full court pressure may not be used except when there is a point spread of 15 points or fewer between the two teams. Ball is awarded to trailing team on a throw in.
3. Girls’ teams play with a size 6 ball.
4. Boys’ teams play with a size 6 ball.

Game Length

- 4 quarters of 6-minute duration with stop time after every whistle.
- 1 minute between quarters.
- 3-minute break at half time.

Overtime

- **No game is to end in a tie.**
- Each overtime period is 3 min. long. The first overtime starts with a jump ball. Subsequent overtimes use possession throw in.
- Unused time outs do NOT carry into overtime Each team is allowed 2 30-second timeouts for each overtime period.